

Ask for a PCIT Therapist

New Castle County

A Center for Mental Wellness	302-674-1397
Autism Delaware*	302-224-6020
Broudy and Associates*	302-655-7110
Center for Child Development*	302-292-1334
Delaware Guidance Services**	302-652-3948
Family Counseling Ctr. of St. Paul's**	302-740-6400
Mid-Atlantic Behavioral Health	302-224-1400
Pike Creek Psychological Center*	
Middletown	302-449-2223
Newark	302-738-6859
The Kids Couch, Inc.*	302-633-0301
Seeds of Hope Counseling Center*	302-518-2362

Kent County

A Center for Mental Wellness	302-674-1397
Stav Bennett, LPCMH*	302-897-5419
Delaware Guidance Services**	302-678-3020
Julie Lewicki, LCSW*	302-531-0763
New Behavioral Network*	302-730-0720

Sussex County

Delaware Guidance Services**	
Lewes	302-645-5338
Seaford	302-262-3505
Delaware Psychological Services*	302-703-6332
Jeanne Doe Dukes, LCSW*	302-430-2127
Shanon Moyer, LPCMH*	302-420-8846

*Not a DPBHS provider
**Bilingual therapist on staff



Need more information?

Unsure how to get help?

From 8:00 to 4:30 weekdays, CALL:
302-633-2571 or
1-800-722-7710 or e-mail
DSCYF_Intake_General@state.de.us

Crisis Services:
1-800-969-HELP (4357)

You can also visit us online at:
www.kids.delaware.gov

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Parent-Child
Interaction Therapy

PCIT

Effective Treatment

For children 2-7 years
with challenging and
disruptive behaviors



For a list of additional PCIT therapists in
Delaware, call 1-800-722-7710.



Delaware Children's Department
Division of Prevention and
Behavioral Health Services
1-800-722-7710

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DELAWARE
OFFICE OF
EARLY LEARNING
Great Tomorrows Begin Today

NCTSN

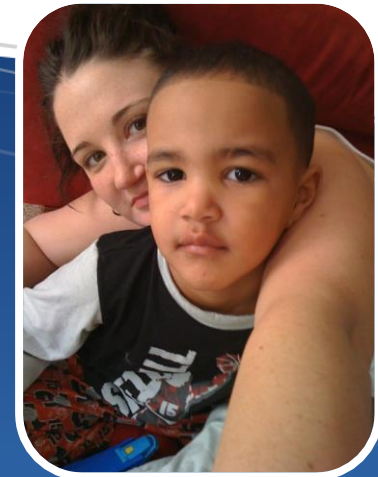
The National Child
Traumatic Stress Network

Help for young children and their families

PCIT works best for children who have serious emotional and behavioral problems including:

- Refusing to follow rules
- Biting
- Hitting
- Throwing objects
- Having tantrums

"I learned practical strategies that really work."



What is PCIT?

Parent-Child
Interaction
Therapy

PCIT is an evidenced-based treatment for children ages 2 – 7 years with challenging and disruptive behaviors. Working with a PCIT trained therapist over 12 – 16 sessions, parents and caregivers gain skills to build positive relationships and change negative parent-child behavior patterns.

What can I expect . . .

- Improve the quality of the parent-child relationship
- Increase in positive social child behaviors
- Decrease in child behavior problems
- Decrease in parenting stress
- Increase in parenting skills, including positive discipline

Let us help you enjoy life more by having less parental stress. See how effective these new parenting strategies are with your child.

For more information on how you can get started with PCIT, call any of the organizations listed in this brochure or contact DPBHS at **1-800-722-7710**

