

Successful Outcomes of IFC Services

- * *There is an awareness of social supports (formal and informal)*
- * *Utilization and engagement of social supports occur*
- * *Enhanced skill building and ability to problem solve, and resolve complex crisis has been achieved*
- * *Positive reengagement among family and restored communication occur as a result of the Person Centered Planning Process*
- * *There is a decreased need of services from the Department (DSCYF)*
- * *A reduction in the recidivism rate (i.e. reentry into IFC Service)*

Services are FREE!!!!

Contact an IFC Worker Today!

New Castle County

Regina Johnson, LPCMH, NCC
Family Crisis Therapist Supervisor
Murphy Cottage
Phone: (302) 633-2572
E-Mail: regina.johnson@state.de.us

Celeste Williams, LPCMH
Psychiatric Social Worker III
Murphy Cottage
Phone: (302) 633-2583
E-Mail: celeste.williams@state.de.us

Lauren Colletti, LCSW
Psychiatric Social Worker III
Murphy Cottage
Phone: (302) 633-2577
E-Mail: lauren.colletti@state.de.us

Kent / Sussex County

Shanika Martin, MS
Family Crisis Therapist
James Williams State Service Center
Phone: (302) 857-5105
Email: shanika.martin@state.de.us

Kendal Wicks, Sr.
Family Crisis Therapist
James Williams State Service Center
Phone: (302) 857-5104
E-Mail: kendall.wicksSr@state.de.us

Intensive Family Consultation Service



Division of Prevention
and Behavioral Health
Services (PBHS)



1825 Faulkland Road
Wilmington, DE 19805
302-633-2579

www.kids.delaware.gov



“Our Children, Our Future, Our Responsibility”



IFC Service Components

What is Family Consultation (IFC)?

IFC is a Family Preservation / Family Support Service that uses an interactive “one on one” consultation prevention approach. The approach is strength based building on the families’ protective factors to offset and combat the negative effects of risk.

IFC is designed to provide supportive services to families who are experiencing a multiplicity of complex needs associated with:

- Parent child conflict;
- Substance abuse,
- Family instability associated with homelessness,
- Single parent stressors and isolation,
- Issues surrounding blended families,
- Unresolved mental health needs,
- Absence of supports and resources, etc.

IFC Services are designed to empower the family by giving them the tools needed to:

- Care for and protect their children,
- Improve their family functioning,
- Build connections to various support networks within their community,
- Self-Advocate.



www.kids.delaware.gov

* **One on One Intensive Consultation** – A ‘strength-based,’ skill building process where families are empowered to become the lead decision maker and learn a new way of planning.

* **Person Centered Planning (MAPS & PATHS)** – A straightforward approach that involves planning centered on the family or child. MAPS and PATHS are the tools used in the Person Centered Planning process.

* **Advocacy & Collaboration** – IFC promotes advocacy as a vehicle of support whereby families become empowered to access resources, services & information. **Collaboration** is utilized as a team approach between support systems (schools, state or local agencies, faith-based organizations, etc.) to encourage the development of comprehensive plans to meet the unique and complex needs of the family.

* **Resource Connection Only** – Is available to families who have chosen not to participate in the Intensive One on One Family Consultation.

* **Priority Programming** – Additional supportive services in the areas of parenting, substance abuse, child behaviors, etc.